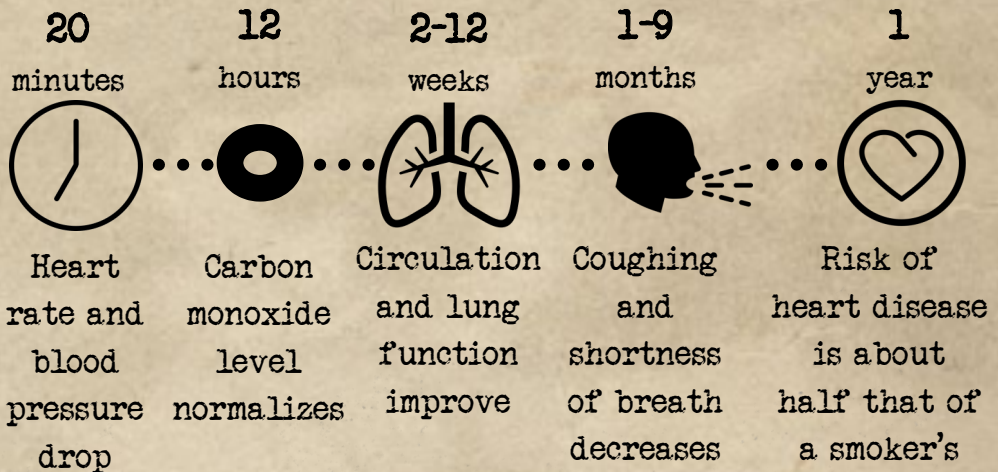


LiveWell

Newsletter

NOVEMBER
is
Lung Cancer
Awareness Month

Effects of quitting smoking over time:



What about e-cigarettes???

Although less harmful than regular cigarettes, e-cigarettes still contain harmful AND potentially harmful substances!

NOV

Event alert! **07** Free prizes!

Fall Stresstival
Prince Lawn
10 a.m. to 2 p.m.
Co-sponsored by Counseling Services

Contact us !

LiveWell Office—LJSU B202

livewell@coastaledu

843-349-4031

Check out our new website !

YouLiveWell.coastal.edu

Follow us on social media !



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